



SUMMERSCHOOL ON PLACEBO AND NOCEBO EFFECTS

FREE OF CHARGE FOR
SELECTED STUDENTS

July 15 to 19, 2024

Don't miss out!



WHAT?

PANACEA: International Summer School on
Placebo And Nocebo

FOR WHOM?

Students enrolled in bachelor's, master's and
PhD degrees in health sciences
(e.g. medical, nursing, physio, psychology, etc)

WHEN?

July 15 to 19, 2024

WHERE?

Universidad Complutense De Madrid
Madrid, Spain

APPLY?

Submit your application by
April 8th, 2024, to Prof. A. Evers

info_aevers@fsw.leidenuniv.nl

PANACEA

"Special Needs by Placebo"

With great pleasure we announce the "PANACEA: International Summer School on Placebo And Nocebo"! The project PANACEA aims to educate university students and healthcare professionals about evidence-based knowledge and skills related to placebo and nocebo effects in clinical outcomes. Specifically, the project seeks to enhance students' education by integrating a course on placebo and nocebo effects into their curricula. Additionally, it aims to establish an effective learning method to guide healthcare professionals in making informed decisions regarding placebo and nocebo effects.

We have an exciting summer school filled with essential insights into the fascinating world of placebo and nocebo effects. Not only will you gain a solid foundation in the general knowledge surrounding these phenomena, but you'll also develop invaluable practical skills to optimize positive outcomes and minimize negative effects. In addition, we will introduce interactive web apps designed for personalized lesson reviews, engaging learning tests, and gamification experiences. The detailed program of activities is described in the next pages.

Participation in the Summer School is completely free of charge. Expenses for selected participants, including travel, accommodation, and meals, will be fully covered by the PANACEA project funds. We're selecting a total of 8 students to join this exciting opportunity. For more details on how to apply, please refer to the outline of the motivational letter requirements. See last page.

PANACEA

"Special Needs by Placebo":

Programme to Advise, Normalize And
Control its European Administration

SUMMER SCHOOL PROGRAMME

DON'T
MISS
OUT

SCHEDULE

summer school

DAY 1

- 9.00 -9.30 Welcome and Introductions
(programme and scientific staff presentations)
- 9.30 - 9.45 Learning test (T1)
- 9.45-10.00 Overview of the PANACEA Project
- 10.00 -11.00 Ice-breaking activities
(activities to help students get to know each
other, e.g., individual presentation)
Group activity.
- 11.00 – 11.30 Break
- 11.30 – 13.30 Knowledge
Module 1: History and concepts
Module 2: Measuring placebo/nocebo effects
- 13.30 – 15.00 Lunch break
- 15.00 – 15.30 Webapp presentation and user profiles
creation
- 15.30 – 17.00 Webapp on the morning lesson (individual
lesson review + learning tests + gamification)



Madrid, Spain

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DAY 2

- 9.00 – 11.00 Knowledge
Module 3: Placebo/nocebo mechanisms
- 11.00 – 11.30 Break
- 11.30 – 13.30 Knowledge
Module 4: Application of placebos
- 13.30 – 15.00 Lunch break
- 15.00 – 17.00 Webapp on the morning lesson (individual
lesson review + learning tests + gamification)

DAY 3

- 9.00 – 11.00 Knowledge
Module 5: Optimizing placebo effects
Module 6: Minimizing nocebo effects
- 11.30 – 13.30 Webapp on the morning lesson (individual
lesson review + learning tests + gamification)
- 13.30 – 15.00 Lunch break
- 15.00 – 17.00 Skills (group activity)



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summer school

DAY 4

9.00 – 11.00 Knowledge
PANACEA Guidelines on Placebo and Nocebo
for clinical practice

11.00 – 11.30 Break

11.30 – 13.30 Skills (group activity)

13.30 – 15.00 Lunch break

15.00 – 17.00 Skills (group activity)

DAY 5

9.00 – 11.00 Presentation of group activity results

11.00 – 11.30 Break

11.30 – 12.30 Presentation of group activity /
Summary of the key Points
Module 7: Ethics and critical evaluation

12.30 – 13.00 Final learning test (T2)

13.00 – 13.30 Concluding remarks

Madrid, Spain



PANACEA

**"SPECIAL NEEDS BY PLACEBO":
PROGRAMME TO ADVISE, NOR-
MALIZE AND CONTROL ITS
EUROPEAN ADMINISTRATION**



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MOTIVATIONAL LETTER FOR PANACEA SUMMER SCHOOL

OUTLINE

Introduction

- Briefly introduce yourself and your current academic/professional background.
- State your interest in the Summer School on placebo and nocebo effects.

Motivation

- Explain why you are interested in the topic of placebo and nocebo effects.
- Highlight any previous experience, coursework, or research related to this field.
- Discuss how participation in the Summer School aligns with your academic and career goals.

PANACEA

"Special Needs by Placebo"

Relevance

- Explain how attending the Summer School will contribute to your personal and professional development.
- Discuss how the knowledge gained will be applied in your current or future endeavors.
- Mention any specific areas within the field that you are particularly interested in exploring during the program.

Contribution

- Describe how you can contribute to the Summer School discussions
- Highlight any relevant skills, experiences, or perspectives that you bring to the program.
- Express your willingness to collaborate with fellow participants and instructors.

Expectations

- Outline your expectations for the Summer School experience.
- Discuss what you hope to gain from participating in the program.
- Mention any specific workshops, lectures, or activities you are particularly excited about.

APPLY?

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